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Violence remains one of the leading causes of death in the U.S., creating lasting scars among victims and communities. A recent study of high-burden Chicago neighborhoods by the Chicago Center for Youth Violence Prevention (CCYVP), based at the University of Chicago's School of Social Service Administration, uncovered sobering facts: among 15- and 17-year-olds, nearly all had been exposed to some form of violence. Thirty-two percent had a close friend or family member murdered. Eighteen percent – nearly 1 child in 5 – had witnessed a shooting that resulted in death.

These statistics, while alarming, do not begin to measure the full impact of community violence. Violence hurts a wide circle – victims, families, witnesses, and perpetrators. The physical and emotional consequences can last a lifetime, cause deep pain, and trigger other serious problems, including depression, post-traumatic stress disorder (PTSD), aggression and violence, substance abuse, suicide, and poor academic achievement, among other disorders.

Community violence is often described as an "epidemic." Like most diseases, it is contagious and easily spread. But it is also **preventable**. We know there is no single answer that will prevent violence. Many programs target individuals, but most of them do little to drive down violence in communities. We believe the nature of violence requires a coordinated and comprehensive effort, combining interventions and strategies across systems and sectors.



Photo: Greater Bronzeville community mural

The enclosed community action plan, led by Bright Star Community Outreach and University colleagues, reflects this multi-pronged approach. It gathers data and perspectives from concerned partners, including schools, social service agencies, faith community leaders, business, law enforcement, and political officials. All are committed stakeholders who want to reduce violence, strengthen and support youth, families, and the community, and reclaim Bronzeville as one of the most vibrant, culturally rich, and welcoming destinations in the city.

Central to this work has been a strong partnership with community residents and university researchers. Together, we came to the table to find solutions. We brought unique skills, insights, and expertise and a commitment to build a strong collaborative relationship. This meant being present in the community – showing up, listening, and respecting each other. Together, we created an action plan – crafted not to the community and not for the community, but rather **with** the community.

We want to thank the countless number of people invested in this process: the youth and adults who answered surveys, our dedicated staff and volunteers, community collaborators and stakeholders, our funders, and the numerous planning committees and workgroups.

To all who participated in this Community Action Plan: Your commitment has been invaluable. We are better together. And together we will make the Greater Bronzeville community stronger, with more connections and engaged residents and stakeholders.

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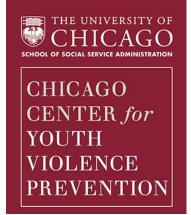
Pastor Chris Harris, CEOBright Star Community Outreach

themopales

Deborah Gorman-Smith, Dean

University of Chicago, School of Social Service Administration Director of the Chicago Center for Youth Violence Prevention











M Northwestern Medicine[®]
Feinberg School of Medicine

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Overview: Bronzeville Community

In the early 20th century, Bronzeville was known as the "Black Metropolis," one of the nation's most significant landmarks of African-American urban history. Between 1910 and 1920, during the peak of the "Great Migration," the population of the area increased dramatically when thousands of African-Americans fled the oppression of the south and immigrated to Chicago in search of industrial jobs. By 1950, Bronzeville was the center of Black Chicago and, along with Harlem, NY, the economic and cultural capital of Black America. It was one of the most economically integrated, culturally rich, and socially exciting communities in the United States. It also served as a key gateway for African Americans immigrating from the South seeking opportunities in broader America and for Americans of all backgrounds seeking the best of black culture and community.



Photo: Leonard Crunelle's "Victory Monument" located at 35th & King Drive honors the 8th Regiment of the Illinois National Guard, an African-American unit that served in France during WWI.



Photo: View of downtown Chicago from above Greater Bronzeville

With the Civil Rights movement and the dismantling of segregation beginning in the 1950s, many African American families left Bronzeville, which had become overcrowded. As a result, Bronzeville's population declined by more than 75 percent between 1950 and 2000 and much of the community's economic base was lost. The initiative outlined here is one part of the community's efforts to address the social and economic problems in the community as a result of the impact of the loss of this economic base and loss

of social, health, and educational services and opportunities.

Led by Bright Star Community Outreach (BSCO) and the Chicago Center for Youth Violence Prevention at the University of Chicago's School of Social Service Administration, in collaboration with community partners (residents, educators, business leaders, community-based agencies, faith leaders), this community action plan outlines a set of priorities and recommended evidence-based strategies to be implemented, with the goal of reducing violence and strengthening and supporting youth, families and the community.



Photo: Greater Bronzeville community mural

Our Community Partners

Bright Star Community Outreach (BSCO) is the convener of a number of workgroups, networks, and partners, all working toward the goal of addressing trauma associated with and reducing violence in the Greater Bronzeville community. Some of these partners include:

- 29 Eleven Consulting
- 3rd Ward Alderman's Office
- 4th Ward Alderman's Office
- Alternatives, Inc.
- Adler University
- Ariel Elementary Community Academy
- Be the Healing Project
- Beulah Shoesmith Elementary School
- Bret Harte Elementary School
- Carter G. Woodson South Elementary School
- Charles Kozminski Elementary Community Academy
- Chicago Center for Youth Violence
 Prevention, University of Chicago
 School of Social Service Administration
- Chicago Military Academy at Bronzeville
- Chicago Police Department
- Chicago Public Schools
- The Community Builders Oakwood Shores
- Crispus Attucks Elementary School
- Daniel Hale Williams Prep School of Medicine
- Department of Family and Community Engagement, Chicago Public Schools
- Dr. Martin Luther King Jr College Prep High School
- Edward Beasley Elementary Magnet Academic Center
- Emmett Louis Till Math and Science Academy
- Greater Bronzeville Community Action Council
- Greater Bronzeville Neighborhood Network

- Ida B. Wells Preparatory Elementary Academy
- Irvin C. Mollison Elementary School
- James R. Doolittle Jr Elementary School
- John B. Drake Elementary School
- John Fiske Elementary School
- John J. Pershing Elementary Humanities Magnet
- Komed Holman Health
- Ladies of Virtue
- Ludwig Van Beethoven Elementary School
- Love, Unity, & Values (LUV) Institute
- New Community Covenant Church
- New Community Outreach
- New Hope Covenant Church
- Northwestern University Medicine
- Organic Oneness
- Parent to Parent Connections
- Paul Laurence Dunbar Career Academy High School
- Timothy Community Corporation
- United Way and the Greater Bronzeville Neighborhood Network
- University of Chicago Charter School
- University of Chicago Medicine
- University of Chicago Medicine Center for Community Health and Vitality
- University of Chicago School of Social Service Administration
- Walter H. Dyett High School for the Arts
- Wendell Phillips Academy
- Woodlawn Community Elementary School
- Youth Guidance

Community Action Plan: Partners in Action



Bright Star Community Outreach (BSCO)

convenes workgroups and networks with the goal of reducing violence and strengthening community.

Violence Prevention through Positive Youth, Family, and Community Development

Trauma-Informed Care

Faith-led Support and Counseling (The Urban Resilience Network Center)

Education

Greater Bronzeville Community Action Council (GBCAC)

Workforce Development

Greater Bronzeville Neighborhood Network (GBNN)

Community-Wide Efforts in Four Areas:

- Violence Prevention through Positive Youth, Family, and Community Development Implement evidence-based programs and support existing programs to strengthen positive youth development and support parents, families, and the community.
- Trauma-Informed Care: Faith-led post-trauma counseling services (with support from University of Chicago Medicine and Northwestern Medicine) at the TURN Center.
- **Education:** GBCAC Strategic Plan to support and strengthen all schools and education within the Greater Bronzeville Community.
- Workforce Development: GBNN focuses on workforce development across the life-course for the residents of Bronzeville .

Greater Bronzeville Communities that Care (CTC) Operating System

Chicago Center for Youth Violence Prevention at University of Chicago School of Social Service

Administration and Northwestern University will provide violence prevention programming

support and evaluation/technical support

Community Action Plan In Action: Organizational Structure

Organizational Structure: Workgroups



Steering CommitteeChair: Pastor Chris Harris



Community Outreach & Partner Engagement



Community Action Plan & Program Implementation



Funding



Data, Measurement & Evaluation



Trauma Informed Care

Backbone Organization:
Bright Star Community Outreach with support from the
Chicago Center for Youth Violence Prevention



Trauma-Informed Care

Faith-led Support and Counseling (The Urban Resilience Network Center)

Education

Greater Bronzeville Community Action Council (GBCAC)

Workforce Development

Greater Bronzeville Neighborhood Network (GBNN)

Goals Across Domains:

- 1. Identify, deliver and evaluate high-quality programs for youth and families
- 2. Ensure education equity for all schools in Bronzeville
- 3. Increase the resilience of people affected by trauma
- 4. Provide employment and placement services for residents of Greater Bronzeville

Strategies to Achieve Goals:

- 1. Increase investment in the infrastructure of human service organizations in the community to support community needs
- 2. Increase quality of program implementation across the community
- 3. Increase number of evidence-based program implemented and/or build the evidence-base when none exists
- 4. Build partnerships across sectors in support of goals
- 5. Increase neighborhood social processes and community engagement
- 6. Provide trauma support and care

2019 Update

Bronzeville Communities that Care

In an effort to address the issue of violence and the impact of trauma in our community, BSCO has convened partners in Greater Bronzeville to develop a set of initiatives to both meet the needs of families, friends and those impacted by violence, as well as put effective prevention programs in place — to develop a comprehensive and coordinated community violence prevention strategy.

Toward this goal, BSCO has been using an evidence-based, prevention planning system, called the Communities that Care (CTC) model. Greater Bronzeville's CTC model provides a structure for engaging community stakeholders to partner in defining the problem, identifying solutions, and working together to implement these solutions to reduce violence and promote healthy development for children, youth and families living in the community.

Our Community Action Plan

BSCO and partners have worked on implementing the phases of the CTC model (see Figure 1) to develop this Community Action Plan. This planning has occurred through multiple workgroups, and included collecting data from over 1,500 youth and 400 adult residents, examining publically available administrative data, and identifying existing resources in the Greater Bronzeville community. These data have been



Figure 1. The Communities that Care process is divided into five phases.

used to inform the development of goals and strategies related to violence prevention efforts. Much of this work includes a specific focus on youth, family, and community programming.

In addition to these violence prevention efforts, BSCO is leading efforts in trauma-informed care, including a faith-led effort to provide services to those in our community impacted by violence. Community efforts in education, through the Greater Bronzeville Community Action Council (GBCAC), and workforce development, through the Greater Bronzeville Neighborhood Network (GBNN), are also on-going and included in this larger Community Action Plan.

By engaging community residents, faith leaders, community-based organizations, schools, police, academics and elected officials toward a set of common goals to build on existing strengths and bring in additional resources, community efforts to reduce poverty and violence, support youth and families, and increase economic development, can be realized.

The Greater Bronzeville Community Action Plan describes the results of the work completed to date in the Greater Bronzeville Communities that Care effort. The CTC system, referred to as TURN (The Urban Resilience Network) model, helps community members work together to efficiently and effectively promote positive youth development. This Community Action Plan includes a data-driven and community-led summary of the Bronzeville community, detailing priority risk and protective factors, highlighting resources and resource gaps, and recommending tested and effective programs to be implemented.

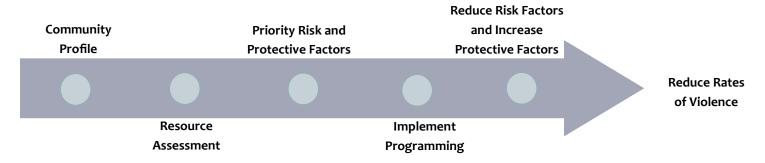


Figure 2. TURN Model process with an overall goal of reducing rates of violence in the Greater Bronzeville community.

Community Action Plan Writing Process

The Greater Bronzeville Community Action Plan was drafted after several community-led workgroups collected data, reviewed the community profile and the resource assessment, and prioritized seven domains as priorities for community planning. Next, a series of community action planning workshops, which took place from April to June 2017, identified goals and outcomes for the action plan and recommended programming for positive youth, family and community development. The other sections of this Community Action Plan, encompassing areas of trauma-informed care, education, and workforce development are also included in this unified Community Action Plan. Together, these four components of the Action Plan provide a comprehensive strategy intended to strengthen and support the Greater Bronzeville community.

How to use the plan

The Community Action Plan is intended to help guide implementation, evaluation and budgeting plans for selected programs and practices.



Equity and Justice

We acknowledge the enduring impact of racial oppression in greater Bronzeville and other communities of color. Systemic racism continues to maintain inequities present in our communities, and we are committed to first seeking justice and equity for all children and families in Greater Bronzeville.

Human Needs

We acknowledge that all Greater Bronzeville residents deserve to have their basic needs met; including safe housing, food, clothing, and access to quality healthcare, education and employment.

Healing

We believe that relationships are at the core of thriving communities, and we will work to heal and restore broken relationships between the people and institutions in and around Greater Bronzeville.

Community Engagement and Collaboration

We commit to work with all willing community members in the planning and implementation of initiatives that directly impact them. We will strive to empower youth to become more actively involved in building community through fostering virtues and cultural diversity, and teaching leadership and life skills.

Accessibility

We commit to leverage our existing and future resources to support the vision of the community plan, and the development of programs that will be available/accessible to the entire Greater Bronzeville community.

Innovation

We will intentionally challenge ourselves to stay relevant and think creatively about new ways to meet the evolving needs of all of our youth and families. For example, we will explore innovative ways of using technology to connect youth and families within the community to resources and services.

Adult Responsibility

We recognize that adults in our community have a responsibility to lead: to support and mentor youth, serve as role models through our behavior and actions, and to work together to change the community context for youth in terms of what's possible for them.

Support and Connect with Families

We recognize the critical role of family in child and youth development, the stressors placed on families, and the need to support the entire family system in outreach and programs.

Schools as a Connection Point

Youth spend a great deal of time at school. Administrators, teachers and staff should be leveraged to help connect youth with services, programs and other opportunities.

Collaboration across Agencies and Service Sectors

We will continue to build and strengthen collaborations across agencies and service sectors, and to hold one another accountable for delivering high-quality services.

Policy Connections

We will connect with policy makers, businesses, and stakeholders in areas of housing, education, workforce, transportation and law enforcement, to collectively work toward reducing violence and strengthening community.

Care for Providers

We recognize the impact of this work on those providing the services is needed. We will work to add programs and provide support to "heal the healers."

Communication and Marketing

We will continue to provide opportunities or networking and communication across service providers, organizations, schools and other community agencies. Our intent is to ensure that all are aware of the services and resources available in the community.



Photo: Alison Saar's "Monument to the Great Northern Migration" located at 26th & King Drive symbolizes the thousands of African-Americans who migrated to Chicago in the early 20th century. The traveler carries a worn suitcase symbolizing his journey, talents and dreams.

Becoming a Unified Community

Bronzeville has a rich history and a legacy of strong community identity. It was once considered among the most economically integrated, culturally rich, and socially exciting communities in the United States. Structural and political inequities contributed to the loss of the community's economic base between the 1950's and 2000, resulting in the loss of social, health, and educational services and opportunities. Through this, as seen by data collected through the neighborhood survey, residents continue to feel a strong sense of connection to the community, view this as a good place to raise families and consider the community a place where people look out for one another.

Building from this strength of community connection and support, we strive to become a more unified, engaged, and active community — committed to reducing violence and supporting healthy youth, family and community development. Bridging all of the work outlined here, we will bring the community together through workshops and public events, to continue to connect, support and build toward a safe and vibrant community for all.



Photo: 35th Street bike and pedestrian suspension bridge connecting Greater Bronzeville to Chicago's lakefront.



"Be the Healing" Community Training

Among the many opportunities to come together as a community, Bronzeville Partners including Bright Star Community Outreach, Bronzeville Community Action Council, Chicago Bahá'í Community, Chicago Police Department, Illinois Institute of Technology, University of Chicago's School of Social Service Administration, and 29Eleven Consulting have sponsored **Be the Healing**, a training focused on the mental health aspect of communities suffering violence, the structural inequities that keep the cycle going and, most importantly, the restorative methods that can contribute to violence prevention in Bronzeville, Chicago and elsewhere.

Dr. Joy DeGruy, internationally renowned researcher, educator, and author, has led two day-long sessions where hundreds of community leaders and change makers in Chicago were trained. Future opportunities to participate are being planned.

Community Participation for Networking and Connectivity

Please see pages 42-45 of this Community Action Plan for a sample of events hosted/attended by BSCO and the Chicago Center for Youth Violence Prevention (CCYVP) at the University of Chicago School of Social Service Administration. BSCO and CCYVP will continue to host quarterly community events and meetings to enhance networking, and foster connections between agencies, organizations, schools and individuals.

Support and Care for Healers and Providers

Opportunities for self-care will be offered through the TURN Center (see pages 54-55). Working with children and adults can lead to exacerbation of previous traumatic experiences, secondary trauma, stress, and other mental health concerns. Addressing the needs of our healers and service providers is essential.

Section 1:

Violence Prevention through Positive Youth, Family and Community Development

This section details the data-driven processes that informed the Community Action Plan focused on violence prevention through positive youth, family and community development. This includes the development of a community profile (using publicly available data, and survey data from youth and adult residents), a resource assessment, and prioritized domains to strengthen to achieve our goal of reducing violence.

This plan is the outcome of work conducted by community residents and stakeholders from multiple organizations in the Greater Bronzeville Community, with key leadership from the **Governance Workgroup**, and with technical assistance and support from the Chicago Center for Youth Violence Prevention at the University of Chicago School of Social Service Administration.

Governance Workgroup

Chair: Pastor David Swanson, New Community Covenant Church

- Nichole Carter, Bright Star Community Outreach and Greater Bronzeville Neighborhood
 Network
- Rodney Carter, Bright Star Community Outreach
- Franklin Cosey-Gay, Chicago Center for Youth Violence Prevention at the University of Chicago School of Social Service Administration
- Pastor Chris Harris, Bright Star Community Outreach
- Walidah Tureaud, University of Chicago Medicine
- Juan Villamar, Northwestern University
- Natalie Watson, University of Chicago Medicine Center for Community Health and Vitality



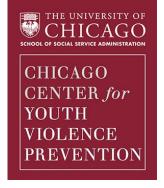




Photo: Greater Bronzeville community mural

Bronzeville CTC Community Board

Lead: Pastor Chris Harris, Bright Star Community Outreach

- Rodney Carter, Bright Star Community Outreach
- Franklin Cosey-Gay, Chicago Center for Youth Violence Prevention at the University of Chicago School of Social Service Administration
- Carl Hurdlik, Department of Family & Community Engagement, Chicago Public Schools
- Tikia Kidd, Parent to Parent Connections
- Sharnia Lashley, Northwestern University
- Pastor Michael Neal, Glorious Light Church
- Danielle Robinson, Bright Star Community Outreach
- Pastor David Swanson, New Community Covenant Church
- Shameka Tate, Komed Holman Health
- Juan Villamar, Northwestern University
- Natalie Watson, University of Chicago Medicine Center for Community Health and Vitality

Risk and Protective Factor Workgroup

Lead: Sharnia Lashley, Northwestern University

- Alicia Bunton, Bright Star Community Outreach
- Rodney Carter, Bright Star Community Outreach
- Franklin Cosey-Gay, Chicago Center for Youth Violence
 Prevention at the University of Chicago School of Social
 Service Administration
- Carl Hurdlik, Department of Family & Community Engagement, Chicago Public Schools
- Danielle Robinson, Bright Star Community Outreach
- Michael Schoeny, Chicago Center for Youth Violence Prevention at the University of Chicago School of Social Service Administration
- Falessa Square, Chicago Police Department
- Shameka Tate, Komed Holman Health
- Natalie Watson, University of Chicago Medicine Center for Community Health and Vitality

Resource Assessment Workgroup

Lead: Natalie Watson, University of Chicago Medicine Center for Community Health and Vitality

- Markeyta Boone, New Community Covenant Church
- Nichole Carter, Bright Star Community Outreach and

- Greater Bronzeville Neighborhood Network
- Rodney Carter, Bright Star Community Outreach
- Franklin Cosey-Gay, Chicago Center for Youth Violence Prevention at the University of Chicago School of Social Service Administration
- Emily Foltz, New Community Covenant Church
- Carl Hurdlik, Department of Family & Community Engagement, Chicago Public Schools
- Tikia Kidd, Parent to Parent Connections
- Juan Villamar, Northwestern University

Community Action Plan Workgroup

Lead: Rodney Carter, Bright Star Community Outreach

- Jhmira Alexander, Ng Eleven Consulting
- Jasmine Bankhead, Bright Star Community Outreach
- Inger Burnett-Zeigler, Northwestern University
- Nichole Carter, Bright Star Community Outreach and Greater Bronzeville Neighborhood Network
- Franklin Cosey-Gay, Chicago Center for Youth Violence Prevention at the University of Chicago School of Social Service Administration
- Rachel Garthe, Chicago Center for Youth Violence
 Prevention at the University of Chicago School of Social
 Service Administration
- Deborah Gorman-Smith, Chicago Center for Youth Violence Prevention at the University of Chicago School of Social Service Administration
- Pastor Chris Harris, Bright Star Community Outreach
- Khari Humphries, The Community Builders
- Raushanah Jackson, New Community Covenant Church
- William Jackson, New Community Covenant Church
- Cyndee Langley, Bright Star Community Outreach
- Sharnia Lashley, Northwestern University
- Marion Malcome, Chicago Center for Youth Violence Prevention at the University of Chicago School of Social Service Administration
- Beulah McLoyd, Dyett High School
- Ruth Robinson, Bright Star Community Outreach
- Shameka Tate, Komed Holman Health
- Syda Taylor, Bronzeville Community Action Council
- Jamila Trimuel, Ladies of Virtue
 - Juan Villamar, Northwestern University

Community Profile: Public Data

Community Data Assessment of Public Data

In March 2016, the data assessment workgroup began the process of gathering public data to develop a community profile. With the goal of violence reduction, data on crime and violence, as well as indicators of economic development, were obtained.

A full report can be found online:

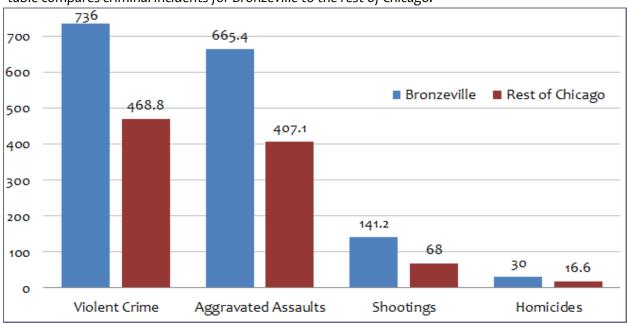
- www.brightstarcommunityoutreach.com/ community-outreach
- https://voices.uchicago.edu/ccyvp/partner-withcommunity



Figure 3. Bronzeville Census Tracts

Public Data: Crime

Figure 4. Table represents rates of criminal incidents per 100,000 residents using 2015 crime data. The table compares criminal incidents for Bronzeville to the rest of Chicago.



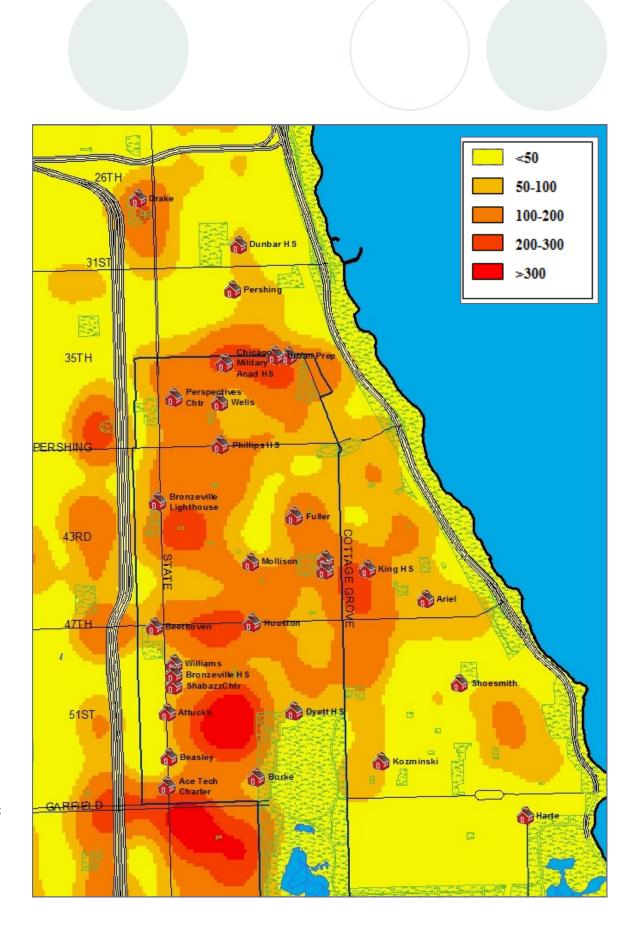


Figure 5.
Violent crime
density incidents
per square mile,
using 2015 data.

Public Data: Community Stability

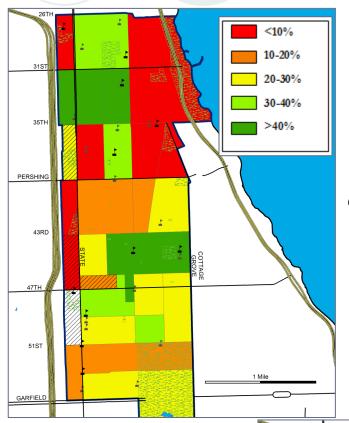
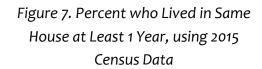
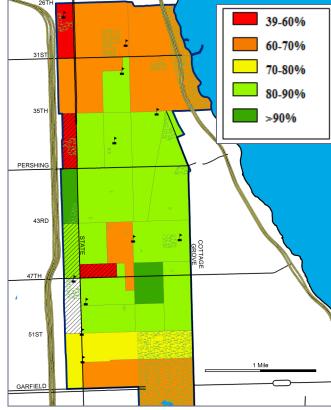


Figure 6. Percent of Owner-Occupied Homes, using 2015 Census Data





Public Data: Employment and Income

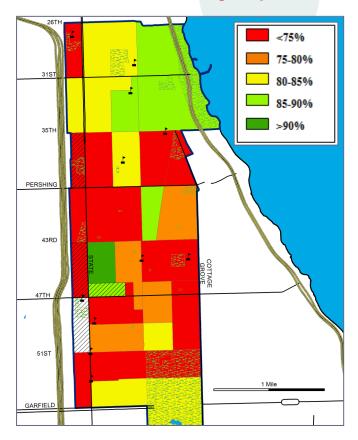
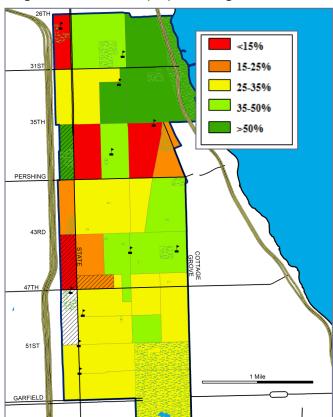


Figure 8. Percent Employed, using 2015 Census Data



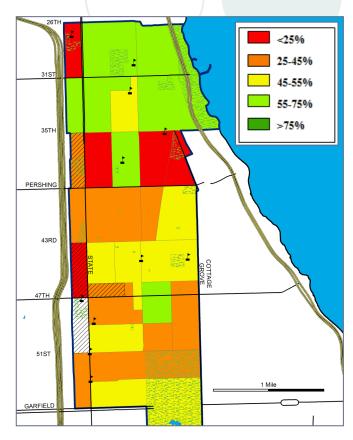


Figure 9. Percent of Income Greater than Twice the Poverty Rate, using 2015 Census Data

Public Data: Education

Figure 10. Percent with a College Degree (age 25 or older), using 2015 Census Data

Community Profile: 2015 Youth Survey

In addition to examining public data on the Bronzeville community, a survey was administered to youth. The CTC Youth Survey assessed student mental health and problem behaviors. The survey also measured factors shown to be underlying causes of student health and development (i.e., risk and protective factors). 19 schools in the Greater Bronzeville community participated in the Youth Survey. 1538 youth (72% of eligible students) in the sixth, eighth, tenth and twelfth grades completed the survey.

A full report can be found online:

- www.brightstarcommunityoutreach.com/communityoutreach
- https://voices.uchicago.edu/ccyvp/partner-with-community

ake	J
L'Pershing	
Wells	
Mollison Woo	odson SEKing HS
1 Williams	Shoesmith
Attucks	*Kozminski
	L'Dunbar HS L'Pershing Wells Wells Wood Received The R

Demographics	Figure 11.	
Gender		Schools that
Male	42%	participated in the 2015
Female	58%	CTC Youth
Ethnicity		Survey.
Hispanic	5%	
Race		
African American/Black	85%	
Native American	2%	
Multiracial/Biracial	10%	Table 1.
Other	2%	Demographic
How long have you lived in this community	y?	information of youth who
Less than one year	10%	of youth who participated in the 2015 CTC Youth Survey.
1-2 years	17%	
3-4 years	14%	
4-5 years	11%	
6 or more years	48%	

	6 th Grade	8 th Grade	10 th Grade	12 th Grade	Average
Youth Behavior Outcome					
"Attacked someone with the intention to harm"	25.40%	30.00%	20.10%	15.10%	23%
Risk Factors					
Community Disorganization	69.10%	61.10%	76.50%	80.90%	72%
Low Neighborhood Attachment	65.10%	54.90%	67.00%	69.70%	64%
Poor Family Management	43.80%	39.50%	49.00%	45.00%	45%
Early Problem Behavior	50.50%	55.30%	58.30%	49.00%	53%
Protective Factors					
Community Recognition for Prosocial Involvement	41.50%	37.10%	41.90%	49.60%	43%
Community Opportunities for Prosocial Involvement	34.30%	32.20%	26.20%	28.80%	30%
Family Attachment	55.80%	48.70%	36.20%	47.10%	47%

Table 2. Select behavior outcome, risk factors and protective factors from the CTC Youth Survey. The arrows illustrate that we want to decrease the problem behavior and risk factors, and increase the protective factors.

What did students say about their community?

- Students said their community could be doing more to engage youth in positive ways and strengthen their connection to community.
- Students reported fewer opportunities for prosocial involvement in the community than in school.

Depression and Concerns about Safety

- Roughly 1 in 3 students reported clinical levels of depressive symptomatology.
- 64% of youth said they felt worried for the safety of their friends.
- 67% of youth said that they felt worried for the safety of family members.

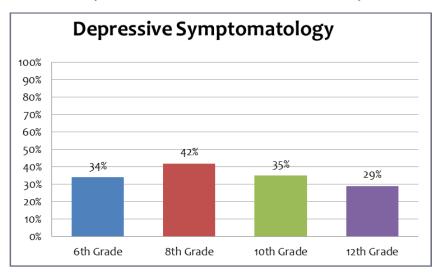


Figure 12. Percentage of students who reported clinical levels of depressive symptomatology.

Community Profile: 2015 Adult Resident Survey

Adult Resident Survey

In 2015, a total of 400 surveys were collected from a random sample of adult residents in the Greater Bronzeville community (representing 20 census tracts) reporting on perceptions of neighborhood support and connection, the extent to which neighbors look out for others' children, attitudes and norms around violence, and community resources. Adults also mapped their sense of safety and available community resources. Surveys were collected to represent adults ages 18-39 and 40+.

A full report can be found online:

- www.brightstarcommunityoutreach.com/communityoutreach
- https://voices.uchicago.edu/ccyvp/partner-withcommunity

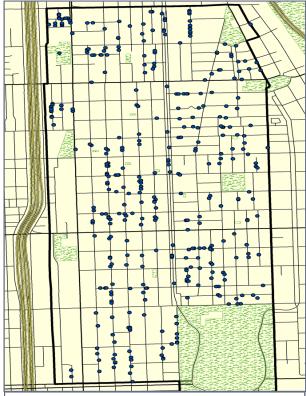


Figure 13. Dots represent surveyed addresses in the Resident Survey.

Demographics			
Gender			
Male	41%		
Female	59%		
Ethnicity			
Hispanic	3%		
Race			
African American/Black	93%		
Multiracial/Biracial	2%		
Other	5%		

Table 3. Demographic information of the adult residents who participated in the 2015 Adult Resident Survey.

Adults had been living in Bronzeville anywhere from 1 to 70 years (average of 12.5 years), and 38% of adults grew up in Bronzeville.

- 77% of adults completed high school or a higher level of education
- Annual household income varied:
 - 27% reported a household income of less than \$10,000
 - 26% reported a household income of more than \$50,000

Adults also indicated if they knew of services or resources in the Bronzeville community:

- 31% of adults knew of violence prevention services
- 17% knew of trauma-related services

	Agree or Strongly Agree		
Community Connection items	Ages 18-39	Ages 40+	
People in this neighborhood are willing to help their neighbors.	63%	81%	
People in this neighborhood look out for one another.	66%	80%	
This neighborhood is a good neighborhood for families.	63%	76%	

Table 4. This table represents resident perceptions of community connection by age group.

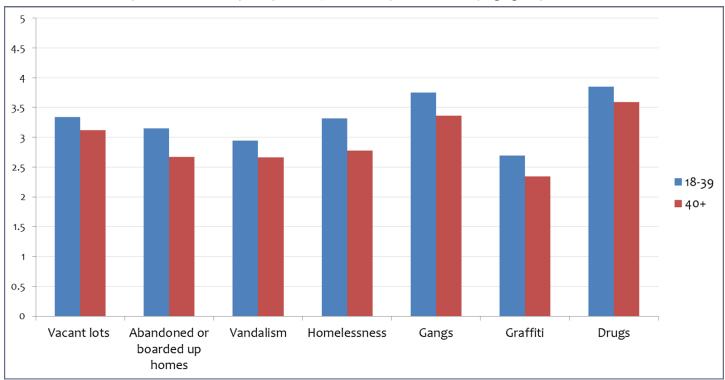


Figure 14. This figure represents perceptions of neighborhood problems by age group from the 2015 Adult Resident Survey

Prioritized Domains to Strengthen

From the various Greater Bronzeville Communities that Care workgroups in review of public data, the youth and adult surveys, the resource assessment, and feedback from community meetings, seven risk and protective factors were prioritized:

- 1. **Community Engagement:** The extent to which residents support each other and encourage positive community values and beliefs. Examples include keeping an eye out on the neighborhood (e.g. youth, neighbors, property), interest in working to support or improve the community, or likelihood that community members would intervene if seeing a problem.
- Community Connection: The extent to which residents feel emotionally connected to their community or feel they can turn to neighbors for support. For example, having a sense belonging to or pride in their community including neighbors, organizations or other aspects of the community.
- 3. **Peer Relationships:** Youth (ages 8-18) are influenced by attitudes, beliefs and behaviors of their peers. Youth peer groups, and the extent to which peers who are engaged in positive behaviors (e.g., school achievement, productive after-school programs, sports, caring for siblings) versus problem behaviors (e.g., substance use, aggression, fighting, crime, violence) influence youth behavior.
- 4. **Positive Early Development Childhood Experiences:** Children who avoid harmful or problem behaviors (e.g. behavior problems in school, drugs, crime) are more likely to avoid struggling with those behaviors as they get older.
- 5. **Community Opportunities for Recognition:** Community members have knowledge of available resources that provide opportunities for youth to actively be involved, create bonds, develop skills and be recognized for those skills.
- 6. **Family Support and Engagement:** Extent to which families provide guidance, consistency, and support toward reaching developmental, academic, and behavioral goals for their children. Examples include effective communication, strong parent-child bond, rules with fair and consistent consequences, parental involvement in child's education, and building supportive networks within the community.
- 7. Job Training and Workforce Development: Extent to which all youth and adults, including disconnected and formerly justice-involved youth and residents, are connected to workforce training, career development, and employment opportunities.

Why focus on risk and protective factors?

To promote positive development and prevent violent behaviors, it is necessary to address the factors that influence both health and development. Research has found that many of the same risk and protective factors are related to multiple outcomes. For example, factors that put youth at risk for behavior problems are often the same factors that put youth at risk for using illegal substances or becoming involved in delinquent or criminal behavior. By reducing risk factors and increasing protective factors, we can move individuals on the spectrum towards fewer problematic behaviors.



For example, let's look at our first prioritized risk and protective factor, community engagement. If we think of our prioritized factors on a risk/protective spectrum, a community may be on the "risk" end of the spectrum with low levels of engagement. That community may want to think of ways to move toward the "protective" end of the spectrum, enhancing community engagement. For all seven of our prioritized factors, we want to enhance and strengthen these areas to move them on the spectrum towards the protective end, moving individuals away from problem behaviors.



Photo: Greater Bronzeville community mural

Resource Assessment

One of the steps in the process of creating this action plan was to identify agencies in the Greater Bronzeville area that provide programs to youth. Once agencies were identified, the resource assessment workgroup conducted interviews to gather more information about the nature of the programming within each agency. 28 agencies participated in interviews, with each answering questions related to:

- History of the agency
- Programs offered and descriptions of the programs
- Target population and number of youth served
- Implementation strengths and barriers (e.g., staffing, referrals, goals, evaluation)
- Evaluation tools (e.g., design and logic model, manual, process and fidelity measures, participant outcome measures)

A Resource Guide was created from the data collected. A full guide can be found:

- www.brightstarcommunityoutreach.com/community-outreach/
- https://ssascholars.uchicago.edu/chicago-center-youth-violence-prevention/ partner-community

It is not an exhaustive list of youth programming resources in the Greater Bronzeville area, and we look forward to engaging with other agencies to continue adding to this comprehensive list of youth programming resources. In other words, this is a living document, and we will continue to update the guide. As shown on Page 23, there are a variety of youth programs in Bronzeville, serving thousands of youth.

As stated in our guiding principles, we need to continue connecting the resources and programs within the Bronzeville community, while also holding each other accountable. As one attendee of a Bronzeville Builders Brunch stated: "We need to find a way to be accountable to each other: a program to program. If we refer youth to a program, and they come back, and they're like, 'Ooh that wasn't worth nothing.' Or 'I didn't get what I needed.' Now our recommendation is diminished as a result of that program's poor performance, and the kid's trust in other organizations and even new opportunities could be affected. So there needs to be some level of accountability that supersedes and exceeds egos. If we can have that, that's what real leadership is!"

Types and Numbers of Existing Youth Programs in Greater Bronzeville

- Academic Support and College Readiness (7)
- After-School Programs (11)
- Apprenticeships (5)
- Art (7)
- Early Childhood (2)
- Family Programs (7)
- Female-identified Youth (4)
- Health and Wellness (5)
- High-Risk Youth (5)
- Male-identified Youth (2)
- Mental Health (5)
- Mentoring (9)
- Recreation and Sports (5)
- Science, Technology, Engineering, Mathematics (STEM) and Science, Technology, Engineering, Arts, Mathematics (STEAM) programs (4)
- Summer Programs (12)
- Vocational Skills (7)
- Youth Leadership (3)
- Youth Workforce Development (13)





Photos: Youth basketball tournament (above), participants at Strides for Peace (below)



In order to achieve our goal of reducing youth and community violence in the Greater Bronzeville community, we propose two pathways to achieve this goal:

Based on the Community Profile: Gaps in Youth Programming

- Community engagement
- · Family engagement
- High-risk youth
- Early childhood

Prioritized Domains

- Community engagement
- Community connection
- Community opportunities for recognition
- Family support and engagement
- Peer relationships
- Positive early development childhood experiences
- Job training and workforce development

Support Bronzeville's Existing Programs

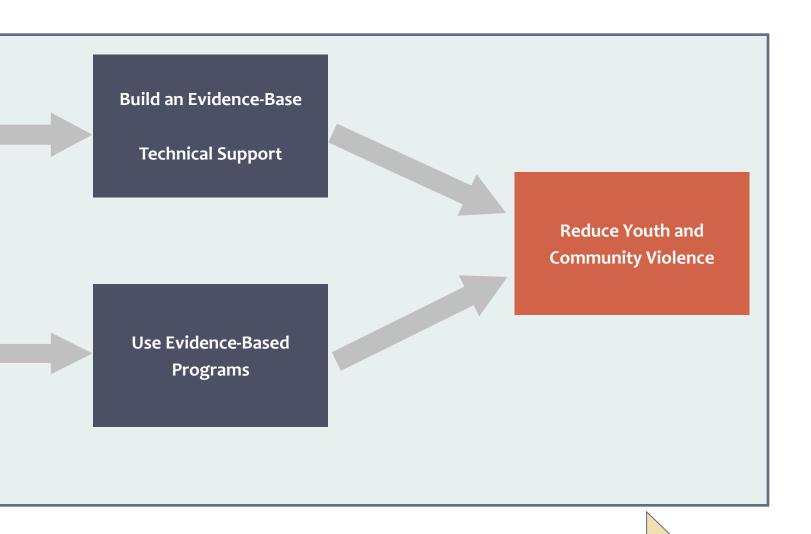
Implement New Programs to Fill Identified Gaps

Greater Bronzeville Communities that Care (CTC) Process



"Money follows metrics, dollars follow data, and expansion follows evaluation"

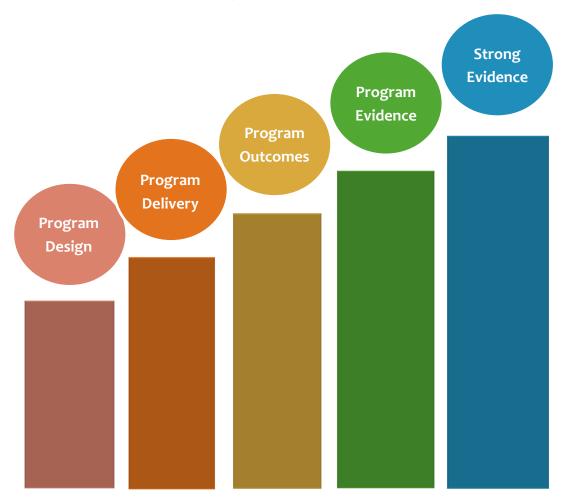
- Pastor Chris Harris



Supporting Bronzeville's Existing Programs

"Money follows metrics, dollars follow data, and expansion follows evaluation." As Pastor Harris describes, we will support Bronzeville's existing programs by providing technical support to continue to build the evidence base for effective violence prevention programming. Through rigorous evaluation, providers can determine whether a program is having the intended effects.

The Chicago Center for Youth Violence Prevention (CCYVP) at the University of Chicago's School of Social Service Administration will offer a series of program evaluation and technical support workshops to offer resources and support to schools and agencies within the Greater Bronzeville community.





Technical Support Topics

I. Program design

- Program manualization/curriculum
- Conceptual models
- Logic models
- Developing partnerships with research teams and offices at city, state and federal levels

II. Program delivery

- Program implementation
- Data management
- Logistics of delivery
- Implementation strategies and outcomes

III. Program Outcomes

- Outcome evaluations
- Metrics of success
- Data management and organization

IV. Program Evidence

- Carrying out the evaluation
- Obtaining evidence of program outcomes
- Using program evidence

V. Strong Evidence/Rigorous Evaluation

- Randomized Control Trials
- Research designs
- Using evidence



Recommended Programming to Fill Identified Gaps

To begin to fill some of the identified gaps in youth programming and address our prioritized risk and protective factors, several recommendations for programming were made in 2017:

Youth Empowerment Solutions (YES)

YES helps youth become leaders, strengthen community engagement, and develop partnerships with youth, adults and community leaders. YES includes projects that increase opportunities for adults and youth to change social and physical environments to help reduce community violence.

Risk and Protective Factors addressed:

- Community engagement, connection, opportunities for prosocial involvement
- Peer relationships

Gaps in programming addressed:

· Community engagement



Photo: Greater Bronzeville community mural & One Summer Chicago youth participants

Clean and Green

Clean and Green programs reinvest in and rebuild deteriorating neighborhood spaces by engaging neighborhood organizations and residents to reclaim and improve these spaces. Through this process, youth and residents strengthen community ties, find empowerment, and increase social connection, ultimately decreasing violence.

Risk and Protective Factors addressed:

- Community engagement, connection, opportunities for prosocial involvement *Gaps in programming addressed:*
- Community engagement

Restorative Justice Programs

Restorative Justice programs focus on the rehabilitation of offenders through reconciliation (e.g., mediation, peace circles, peer juries) with victims and the community. Victims and offenders involved in a conflict or crime reach a collaborative decision that delivers justice. These programs may reduce recidivism, create conditions in which students and adults can reach their academic goals, and prevent future offenses and conflicts. Ultimately, these programs may lead to a transformation of individuals, relationships, and communities.

Risk and Protective Factors addressed:

- Community engagement and opportunities for prosocial involvement
- Peer relationships

Gaps in programming addressed:

High-risk youth

MST Services: Multisystemic Therapy

Multi-systemic Therapy (MST) is a program intended for adolescents that have problems with antisocial behavior and delinquency. MST includes family and community-based treatment services, particularly targeting juvenile offenders and high-risk youth. The goal is to empower parents and their teens to cope with various pressures and problems, targeting risk and protective factors at the individual, relational and community level.

Risk and Protective Factors addressed:

- Family support and engagement
- Peer relationships

Gaps in programming addressed:

High-risk youth and Family-based programming

GREAT Schools and Families

The GREAT Schools and Families program is designed to reduce violence by promoting youth's academic and social competence, and improving parental skills, support and involvement with schools. GREAT delivers multiple-family groups and activities to strengthen youth and family protective factors.

Risk and Protective Factors addressed:

- Family support and engagement
- Peer relationships

Gaps in programming addressed:

Family-based programming



Recommended Programming to Fill Identified Gaps, cont.

Programs also are recommended to fostering positive early development childhood experiences among families with children in elementary and preschool during a second stage of program implementation. Supporting parents and young children early in development is key to a healthy start.

Schools and Families Educating Children (SAFE)

SAFE is a family-focused, school-based preventive intervention designed to aid children and families in the transition to school by increasing children's reading achievement, encouraging parental involvement in education, and improving parenting practices and family relationships. SAFE fosters increased child social competence, parent involvement in school, child prosocial behaviors and decreased aggression.

Risk and Protective Factors addressed:

- Family support and engagement
- Positive early development childhood experiences

Gaps in programming addressed:

- Family-based programming
- Early childhood programming

ParentCorps

ParentCorps is built upon the foundation that the development of social, emotional, and behavioral regulation skills during the pre-kindergarten years are essential to children's later academic achievement and general success. ParentCorps brings together children, families, and educators by creating strong child-parent-teacher relationships. ParentCorps gives children the social, emotional, and behavioral skills that they need to thrive in the classroom and in the community as they grow, and helps parents and schools to actively support this success.

Risk and Protective Factors addressed:

- Positive early development childhood experiences
- Family support and engagement

Gaps in programming addressed:

- Family-based programming
- Early childhood programming



Additional programs were recommended and are being implemented in the community. These evidence-based programs include:

Check & Connect

Check & Connect is an evidence-based intervention for improving school engagement and reducing dropout. The model includes monitoring of school performance, mentoring, and case management. The "Check" component consists of regular monitoring of student performance and progress. The "Connect" component consists of mentors giving individualized attention to students in partnership with other school staff and programs, family members, and community service organizations and opportunities. Research has found Check & Connect to improve academic performance and reduce discipline referrals. Risk and Protective Factors addressed:

- Peer relationships
- Community opportunities for prosocial involvement

Gaps in programming addressed:

High-risk youth

Youth Action Civics

The Mikva Challenge, a Chicago-based organization, helps educators provide youth with transformative democratic experiences. Action Civics works with youth ages 14-24 conduct research, identify key issues in their community, engage civic leaders, develop strategies, and take action to impact policy. Students play an active role in addressing the prevalent issue of interpersonal violence in their community. The program will build youths' skills as informed and active citizens, develop their sense of agency, and cultivate an authentic and lasting commitment to civic participation.

Risk and Protective Factors addressed:

- Community engagement, connection, opportunities for prosocial involvement
- Peer relationships

Gaps in programming addressed:

Community engagement

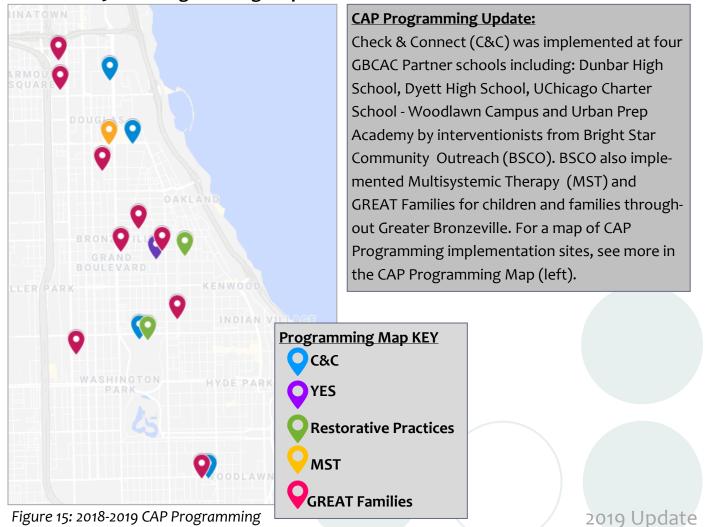
By implementing evidence-based programs to fill existing gaps in service and supporting and expanding existing programs in Bronzeville, we intend to decrease risk and increase protective factors, with the overall goal of reducing violence in the Bronzeville Community.

Violence Prevention through Positive Youth, Family and Community Development:

Programming Updates

In response to the recommendations outlined in the first version of the Greater Bronzeville Community Action Plan, a number of new programs have been implemented in Bronzeville. These Include Check & Connect, GREAT Families, Multisystemic Therapy, Restorative Practice programs and Youth Empowerment Solutions. High-quality implementation remains a priority for CAP program providers as they continue to implement programs and build deeper partnerships throughout the community.

2018-2019 CAP Programming Map



Map







Photos: YES participants showcasing their photos at the #ThisIsYES photovoice event (top, left & top, right). YES participants at adult advisory board presentation (above).

Youth Empowerment Solutions (YES):

YES was implemented in the 2018-2019 school year through a partnership between UChicago Charter School Woodson Campus & Bright Star Community Outreach. In preparation for their #ThisIsYES photovoice showcase, YES youth participants invited UChicago SSA doctoral students, members of the GBCAC, GBNN, TURN & leaders of CAP programs to serve on their adult advisory board.

Restorative Practice Programs:

The Love, Unity, and Values (LUV) Institute implemented their Journey To My Better Self Artistic Expression Program at Martin Luther King, Jr. College Prep in Spring 2019. The program culminated the unveiling of a new Unity and Peace Room at King College Prep designed and co-created by youth participants. New Community Outreach delivered their KEY Program at Walter H. Dyett High School for the Arts. The KEY Program includes restorative practices and experiential learning. Participants participated in weekly peace-circles, took a Bronzeville history trolley tour with a community Elder. Participants in the KEY Program also created pieces and curated an art show, "Restorative Justice through the Eyes of Black Youth." Artwork from both programs were featured at the University of Chicago School of Social Service Administration Alumni Weekend event, "Lifting Voices."





Photos: Unity and Peace Room at King College Prep

Violence Prevention through Positive Youth, Family and Community Development:

Community Development & Engagement

Since the initial release of the Community Action Plan in the fall of 2017, a variety of workshops, events, and meetings took place to engage in topics around:

- Resistance to Racism: Healing, Equity, and Justice
 - Be the Healing
 - Still Till Tuesdays
 - Community Conversations on the Laquan McDonald Shooting and Jason Van Dyke Trial
- Community Connection and Support
 - Youth Violence Prevention Works
 - Strides for Peace
 - Bright Star Community Outreach Gala
 - KaBOOM!
 - Safety and Strategy Meeting
 - TURN Center Meeting in Jerusalem
 - MLK Day of Service
 - 37th Annual United States Hispanic Leadership Institute National Conference
- Community Action and the Arts
 - Poor People's TV Room
 - Unwanted
 - Nature: Stress' Antidote at Chicago Botanic Garden
- Support and Care for Healers and Providers
 - TURN Children and Family Trauma Series
- Support and Connect with Families and Youth
 - Kindergarten Counts
 - Youth Breakfast

Resistance to Racism: Healing, Equity, and Justice

Be the Healing

May 25, 2017: Dr. Joy DeGruy led a Be the Healing community training at South Shore Cultural Center. Approximately 500 community leaders learned and explored information related to Post Traumatic Slave Syndrome, and the newest research in epigenetics and multigenerational trauma. Dr. DeGruy shared the processes for transformation, to create a community plan to promote unity, equity, and equality in communities most severely afflicted by crime and violence in Chicago. November 6, 2017: 110 students from 7 Bronzeville schools and two high schools outside of Bronzeville came together with 40 adults and community members to participate in a Be the Healing training for youth entitled "Kasserian Ingera: and how are the children?"





Photos: Be the Healing participants

Still Till Tuesdays

February 6, 13, 20, 27, 2017: Still Till Tuesday series was hosted by Bright Star Community Outreach (BSCO) at Roberts Temple, the location of Emmett Till's funeral. The series aimed to educate folks about Emmett and Mamie Till's narrative, highlight mothers who have mobilized campaigns against violence, and how oppressive forces such as racism, the justice system, mass incarceration, trauma and violence are "Still Till." Each event was attended by 100-250 community members.

https://www.youtube.com/watch?v=Am-lirCXc1U&t=455s https://www.youtube.com/watch?v=7qg86b78tx0

Community Conversations on the Laquan McDonald Shooting & Jason Van Dyke Trial

October 3-9, 2018: The University of Chicago School of Social Service Administration (SSA) and the Chicago Center for Youth Violence Prevention hosted two campuswide conversations: before and after the verdict. The first panel, moderated by Jenn White, host of the WBEZ podcast, "16 shots," included SSA professor, Dr. Rueben Miller, activist and historian Timuel Black, Black Youth Project 100 national co-director Janaé Bonsu, and UChicago Law professor Craig Futterman. A second conversation following the verdict included the same panelists, plus licensed clinical social worker and SSA doctoral candidate, Marion Malcome & moderator Sylvia Ewing.



Photo: Panelists at the campus conversation on Laquan McDonald shooting & Jason Van Dyke Trial

Community Connection and Support

Youth Violence Prevention Works

April 22, 2018: The Chicago Center for Youth Violence Prevention (CCYVP) co-sponsored an event with Strengthening Chicago's Youth (SCY) at Lurie Children's Hospital in recognition of Youth Violence Prevention Week. CCYVP's director Deborah Gorman-Smith gave the plenary foundational talk, and CCYVP project director Franklin Cosey-Gay led a panel on community-level solutions to violence prevention.

Strides for Peace

June 1, 2017: Approximately 75 Chicago Center for Youth Violence Prevention staff, **Bright Star Community Outreach** staff, and community members participated in an annual race against gun violence facilitated by Strides for Peace. Additional Bronzeville partners, including **The Community Builders, Timothy Community Corporation** and **New Community Outreach**, joined more than 40 Community Affiliates in the race.





Photos: Strides for Peace participants

August 9, 2018: Bright Star Community Outreach (BSCO) hosted their annual fundraising gala. Attendees included Cook County Board President Toni Preckwinkle, Senator Dick Durbin, Community Action Plan partners, and local school leadership. It was at the gala that the MacArthur Foundation announced that BSCO received a grant to support the programs and initia-

tives proposed in the Greater Bronzeville

Community Action Plan.

Bright Star Community Outreach Gala



Photo: Pastor Chris Harris announcing MacArthur Foundation funding



November 1, 2018: The TURN Center met with

Israel's Ministry of Foreign Affairs North American Director and ambassadors. The meeting was facilitated by the Consulate General of Israel in the Midwest.



Photo: TURN meeting in Jerusalem

37th Annual United States Hispanic Leadership Institute National Conference

February 16, 2019: Franklin Cosey-Gay, Executive Director for the Center for Youth Violence Prevention, and Vincent Gomez, Manager of the Horticultural Therapy Services Department at the Chicago Botanic Garden discussed how working groups in the Bronzeville Community Action Plan can be used as a strategy to raise community awareness on how green spaces and horticultural therapy can be used to strengthen community by using intergenerational partnerships to connect youth and adult residents to healthy spaces. The presenters facilitated two workshops discussions describing how green spaces can be used to increase community-level protective factors as well as means to contribute to the healing process of communities impacted by structural and community violence.



Photo: United States Hispanic Leadership Institute National Conference Participants

Community Connection and Support, continued

KaBOOM! Playground Event in Pullman

August 10, 2018: CCYVP joined more than 200 South Side residents in building a new playground in the Pullman neighborhood, an effort organized by Chicago CRED, KaBOOM!, and the Chicago White Sox. The new playground, built in two days, was the result of a truce between two rival gangs that committed to a broader strategy of nonviolent in the community. The playground will serve as a gathering place and symbol of a more peaceful community.



Photo: KaBOOM! playground

MLK Day of Service

January 21, 2019: CCYVP was a part of the organizing committee which also included: Organic Oneness, Engage Civil Incorporated, Public Narrative, Youth 360, The Community Builders at Oakwood Shores, CPS FACE Department, True Star and Project I AM. The organizing partners convened over 200 community members to collectively celebrate the legacy of Dr. Martin Luther King, Jr. through a breakfast program, including a performance from the Metropolitan Church Choir. Program attendees selected service projects within the neighboring institutions



Photo: MLK Day of Service participants

surrounding the Oakwood Shores Community Center,

Donaghue Elementary, Ellis Park and Recreation Center, and Oakwood Shores.

Community Safety and Strategy Meeting

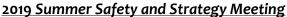
gies to overcome barriers.

August 16, 2018: The Community Builders at Oakwood Shores hosted a meeting with 50 Oakwood Shores residents and stakeholders including: UChicago Charter School, UChicago Safety and Security, Chicago Police Department, Chicago Public Schools, and Safe Passage staff from BSCO and Centers for New Horizons, to discuss communication strategies in preparation for the 2018-19 academic year, including: 1) Communication strategies after a shooting or homicide, 2) Barriers to communication, and strate-



Photo: Community Safety and Strategy meeting

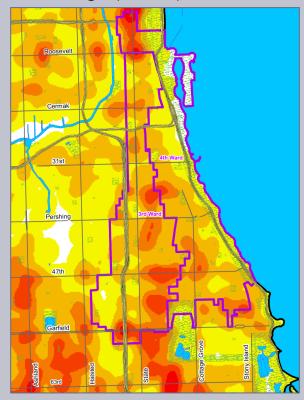




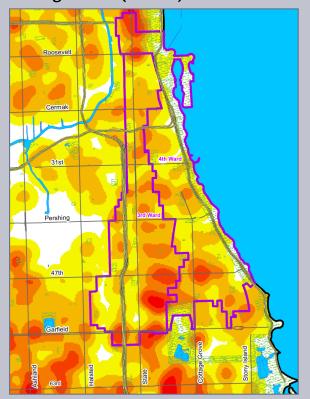
June 2019: The Community Builders at Oakwood Shores and the Chicago Center for Youth Violence Prevention hosted a Summer Safety and Strategy Meeting to examine data and discuss strategic resource deployment for the summer months. Over 100 Bronzville residents and stakeholders including local faith-based and non-profit organizations, Chicago Park District, Chicago Police Department and Chicago Public Schools attended the event. Attendees discussed 2018 Violent Crimes and Shootings in the 3rd and 4th ward by time of year (September to May vs. summer) and weekdays vs. weekends.

Data from Summer 2019 Safety and Strategy Meeting: Violent crime in 2018 for the 3rd and 4th Wards.

6am-Midnight (18 hours):



Midnight- 6am (6 hours):



Community Action and the Arts

Poor People's TV Room

April 9-16, 2018: The Museum of Contemporary Art (MCA) invited partners of the Community Action Plan to attend performances and discussion groups of artist in residence **Okwui Okpokwasili**'s newest theater piece, called **"Poor People's TV Room."** Okwui led participants in a two-part workshop (hosted by the Community Builders) that investigated the performance through writing and interactive discussion connected to the themes that informed the creation of Poor People's TV Room: genetic memory, public shaming as a resistance method, and the powerful and specific cultural context of violence in society.

Unwanted

October 3-7, 2018: The Museum of Contemporary Art (MCA) invited partners of the Community Action Plan to attend a performance and discussion of artist in residence, Dorothee Munyaneza's Midwest debut of her Unwanted performance that examines the generational wound of genocide, and specifically the physical and mental repercussions of rape used as an instrument of war. Marion Malcome conducted a post-performance discussion with audience members and performers exploring the cross-cultural connection of generational violence in United States and Rwanda.



Photo: Poor People's TV Room

Nature: Stress' Antidote at Chicago Botanic Garden

October 15, 2018: The third biennial symposium of The Nature, Culture, and Human Health Network met to connect people interested in investigating and applying knowledge of the health benefits of nature to improve the health and wellbeing of our communities. CCYVP's Franklin Cosey-Gay was one of ten action partners who gave brief "In a Nutshell" presentations describing the work of the Center and how the Communities That Care Prevention Planning System is used to address issues concerning justice, equity, and healing.

Support and Connect with Families and Youth

Kindergarten Counts

August 18, August 25, and September 22, 2018: UChicago Charter Schools, the Community Builders, and the Chicago Center for Youth Violence Prevention partnered to host a series of free workshops, informed by faculty research, for families with kindergarten-age children living in Bronzeville. The workshops focused on health and wellness, partnerships between school and home life to support children's development, and how parents can respond to the challenges and opportunities for daily growth for young children. Three workshops were held on August 18th (King HS), August 25th (Alderman King's 4th Ward Back to School Event at Dyett HS), September 22nd (Oakwood Shores).

Youth Breakfast

October 13, 2018: Members of the Community Engagement Workgroup hosted a Youth Breakfast for approximately 130 attendees, including 85 youth attendees from over 15 elementary and H.S. The purpose of the breakfast was to feature the visual and performing arts of Dyett High School students and present the Community Action Plan and gather feedback from youth. Six members of the Youth Engagement Workgroup facilitated feedback sessions with up to 20 youth in six Parent University classrooms at Dyett High School. The students provided feedback on school climate as well as activities, services and supports needed in the schools and community.

Policy Connections

Legislative Briefing with University of Chicago Office of Civic Engagement

In November 2018, UChicago's Office of Civic Engagement and External Affairs hosted a briefing and discussion on violence prevention and recovery, for local, county, and state elected officials. Guests included Cook County Board President Toni Preckwinkle, Senator Mattie Hunter, State Representative Curtis Tarver II, State Representative Lamont Robinson, Alderman Sophia King, Alderman Leslie Hairston, Alderman Greg Mitchell, and a representative from Alderman Pat Dowell's office. CCYVP's Emalee Pearson discussed the Center's partnership with BSCO in implementing the Community Action Plan to reduce violence, and strengthen and support families in Bronzeville.

TURN Model partnership with NATAL

In **October 2018,** Pastor Chris Harris and Bright Star Community Outreach Board Member, Rabbi Michael Siegel met with Israel's Prime Minister Benjamin Netanyahu about BSCO's TURN Model replication vision across the United States in partnership with NATAL in Tel Aviv.



Photo: Pastor Chris Harris (right) pictured with Israeli Prime Minister Benjamin Netanyahu (Center) and BSCO board member Rabbi Michael Siegel (left)

2018 Youth Survey

The 2018 CTC Survey was administered in the spring of 2018. Students from 21 schools (12 elementary, 9 high school) in the Greater Bronzeville community participated in the survey that was administered by Bright Star Community Outreach and partners at the University of Chicago and Northwestern University. A total 1,707 students, ranging in age from 11-19 participated in the 2018 Youth Survey.

Demographics	
Gender	
Male	49%
Female	50%
Race	
African-American/Black	92%
Latino	4%
White	0%
Other/Unknown	4%
Grade	
6th	30%
8th	27%
10th	24%
12th	19%

Table 5. Demographic information of youth who participated in the 2018 Youth Survey.

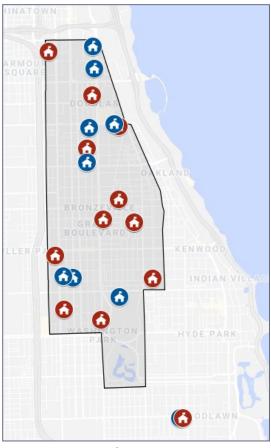


Figure 16: Map of 2018 Youth Survey schools. Key:

Elementary/middle schools High schools

What did students say about their school and community?

- Students reported positive perceptions about their school including having opportunities to contribute to class activities and rules and teachers asking them to work on projects.
- Although there was a decrease (i.e., from 59% to 36%) between 6th and 12th grade in students reporting that they trust the police that patrol their community, overall, slightly more than half of students reported that the police that patrol their community care about making it a safer place.
- When they need guidance or support, students report feeling comfortable seeking support from their parents (77%), followed by teachers (66%), school counselors (62%), and spiritual leaders (46%).

Mental Health: Anxiety, Anger and Depression

- Across all grades and genders, anxiety was more prevalent than depression and anger.
- More girls reported elevated risk for anxiety, anger and depression compared to boys.
- Girls were more likely to report elevated risk on one, two or all three areas mental health.

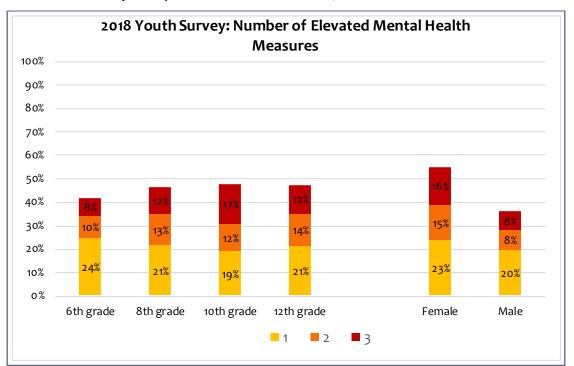
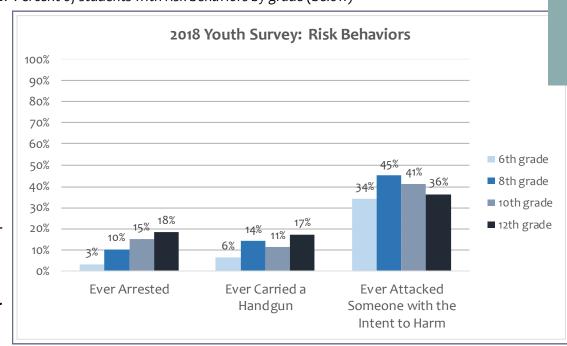


Figure 17: Number of elevated mental health measures in percent by grade and gender (above). Figure 18: Percent of students with risk behaviors by grade (below)

Risk behaviors:

- Overall, 1 in 10
 students reported
 ever being arrested
 and 1 in 10 students
 reported ever
 carrying a handgun.
- Girls reported statistically significant higher percentages of lifetime marijuana and alcohol use than boys.



Part II: Trauma-Informed Care

With generous funding from the University of Chicago Medicine and Northwestern Memorial Healthcare, BSCO has engaged faith leaders from communities throughout Chicago to provide post-trauma counseling to youth, parents, families, and residents impacted by violence. Faith leaders in communities of high crime are often the first to be called in times of crisis, especially in the aftermath of a violent event. Institutions of faith remain the bedrock of many communities, and the trust afforded is invaluable in influencing individuals and families to seek help and healing needed to work through the psychological trauma of violence.

BSCO is working with and through the powerful network of faith leaders and mental health professionals trained to provide cognitive-behavioral therapy focused on trauma using the NATAL model from Israel. This group also provides an essential connection to new evidence-based violence prevention programs and services offered through BSCO and other community partners.

Services are open to people of all beliefs and will only incorporate faith when requested. Services include:

- Helpline advocates help people who are in distress with long-term emotional support and act as a bridge between at-risk individuals and mental health or other emergency services through the helpline. The advocates offer supportive counseling through the helpline to help people who are experiencing stressful or overwhelming situations. Once a client has initiated services the person will be able to receive a weekly phone call from a helpline advocate providing him/her with ongoing emotional support. If a caller is interested in face to face services with a licensed clinician, the helpline advocate can assist in this process. They also refer clients to mental health professionals, case management, and other services as needed.
- Ambassadors focus on increasing mental health awareness within the community. They do this through partnerships with agencies and organizations in the healthcare, education, first responder, business, and faith community sectors. Ambassadors present material on mental health awareness, vicarious trauma, self-care, and others. Additionally, they help to raise awareness in the community about services offered.

Faith Leaders represent the following communities:

- Auburn Gresham
- Austin
- Bridgeport
- Bronzeville
- Calumet City
- East Garfield Park
- Englewood
- Englewood/ Gage Park
- Grand Boulevard
- Humboldt Park
- Humboldt Park/West Town

- Hyde Park
- Maywood
- Morgan Park
- New City
- North Lawndale
- Oakland
- Ravenswood
- Roseland
- South Austin
- South Holland
- South Lawndale

- South Shore
- South Shore/Stony Island Park
- Washington Heights
- Washington Park
- West Englewood
- West Garfield Park
- West Pullman
- West Pullman/Maple Park
- William Hall, Chatham
- Woodlawn

In 2017 Bright Star Community Outreach officially launched the TURN Center Helpline:

Trauma Counseling by faith leaders and mental health professionals

Toll-free number is 833-TURN-123

Or visit BrightStarCommunityOutreach.com

To ensure the success of the individuals in this program, TURN currently measures its effectiveness through the following metrics:

- Number of individuals that report a reduction of symptoms
- Number of individuals that successfully complete the program
- Number of individuals that are report an increase in knowledge about mental health



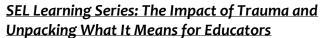




Trauma Informed Care Updates: Support and Care for Healers and Providers

AARP Trauma-Informed Care Training

February 16, 2018, Apostolic Church of God 6320 S Dorchester. TURN Ambassadors conducted a session with 300 attendees focused on the symptoms of vicarious trauma, ways to prevent it and the importance of self-care.



May –June 2018. The TURN Ambassadors conducted a three-part professional series for 40 teachers from in Chicago Public Schools' Network 9. The first session focused on the symptoms of vicarious trauma, ways to prevent it, and the importance of self-care. The second session examined how trauma can manifest in children and how to be supportive of students. The third session focused on increasing awareness of how trauma can be passed down through generations.

Vicarious Trauma for Funeral Directors

July 16th, 2018 TURN Ambassadors conducted trauma-informed discussion groups with 10 Funeral Directors.

<u>Trauma for individuals with Chronic Illnesses and Terminal Cancer</u>

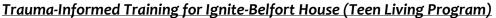
August 15, 2018, Kroc Center 1320 W 119th street TURN Ambassadors conducted a traumainformed and emotional support discussion groups with ten chronic illnesses and terminal cancer.







Photos: TURN Ambassador trauma-informed care events



Monthly from November 2018 to May 2019, 3745 S Indiana Ave, Turn Ambassadors conducted training on how trauma impacts children, discussed implicit bias, and cultural diversity with 55-60 Ignite staff.

TURN Children and Family Trauma Series

November 2018—January 2019: TURN Ambassadors conducted a three- week trauma discussion group with 6th, 7th and 8th-grade teachers from Kozminski Elementary as a component of teacher professional development.

November - December 2018:

Through Bright Star Community Outreach's TURN Center, participants in this series learned about the impact of trauma on the development of the child. Parents and service providers learned details about: children and trauma, sexual assault, talking about healthy sex, the impact of bullying, and helping traumatized children. Courses were led by Elaine Smith and Christopher Chambliss (BSCO's TURN Center).



Photo TURN Children and Family Trauma Series

Red Cross Community Vicarious Trauma Training

February 12, 2019, at 2200 W. Harrison St, TURN Ambassadors, conducted a session with 300 attendees focused on the symptoms of vicarious trauma, ways to prevent it, and the importance of self-care.

Peace Circles for Pastors

March 3rd – and April 1st 2019 934 W 103rd TURN Ambassadors conducted trauma-informed discussion groups with 75 Chicago Area Pastors and their wives.



Photo TURN Ambassador trauma-informed care event

Part III: Education Strategic Plan: Greater Bronzeville Community Action Council

Mission: The Greater Bronzeville Community Action Council (GBCAC) promotes inclusion, collective action and responsibility to secure quality education and resources for children, families, and educators from early childhood through college. The GBCAC is committed to the success of all children within all schools in Greater Bronzeville.

Core Values and Beliefs

- 1. A GBCAC core belief is educational equity. All schools deserve equal access to quality full-time teachers, innovative learning resources, engaged parent volunteers, and supportive community partners.
- 2. The GBCAC values comprehensive supports for families, students, school staff and leadership to make well-informed decisions.
- 3. To ensure opportunities for the positive recognition of Bronzeville students, families, teachers, principals, and school leaders.

2030 Vision: Convene a diverse group of Bronzeville stakeholders—including principals, teachers, students, parents, families, opportunity youth, residents, local school council members, parent advisory councils, community-based organizations, social service agencies, faith-based organizations, elected officials, sister agencies, and health care institutions—to be actively involved in workgroups to achieve collective impact on the following:

- Communication and messaging of Bronzeville school's strengths
- Making data meaningful to students, teachers, and parents
- Connecting school strengths and interventions to promote institutional cohesion
- Educator Enrichment opportunities to hire more teachers of color and support existing school staff career development
- Promoting trauma-informed and restorative practices within Bronzeville schools
- Increase and support the leadership presence of youth, parents, and families
- We are securing funding to support GBCAC activities

Strategic Priority One: To achieve measurable outcomes in the following four areas:

- 1. Student Educational Attainment
- 2. Parent engagement/leadership
- 3. School leadership support
- 4. Teacher support

Greater Bronzeville Community Action Council Leadership 2019-2021

Chair: Pastor Chris Harris, Bright Star Community Outreach
Vice-Chair: Pastor Michael Neal, Timothy Community Corporation

The Greater Bronzeville Community Action Council (GBCAC) promotes collective action and responsibility to secure quality education and resources for children and educators from early childhood through high school. In 2019, the GBCAC expand its footprint from 26th street to the North, to 67th street to the South and from the Dan Ryan East. The GBCAC is committed to the success of <u>all</u> children within <u>all</u> schools in Greater Bronzeville

GBCAC meetings are held quarterly at Timothy Community Corporation (4351 S. Drexel). 2019-2020 meetings will be held in July, October, January and April. Contact fgay@uchicago.edu for more information. In 2017, the aim of the GBCAC was to get feedback from key members of the Bronzeville school community on the following six pillars:

- Educator Enrichment
- Institutional Cohesion
- Marketing & Branding
- Resources
- Youth Engagement
- Community Engagement

This feedback was used to inform the development of an education focused strategic plan for all schools in Bronzeville. Stakeholder meetings were held with the following groups:

- January, February, and March: Bronzeville Principals
- April and May: Local School Council members, Parent Advisory Council, and parents.
- July: Elementary, High School, and College Students

In addition to its quarterly meetings, the GBCAC hosts an student recognition ceremony to celebrate all of the valedictorians, salutatorians, and most improved students from all Bronzeville schools. Recognition certificates and certificates are provided to the students and their families.

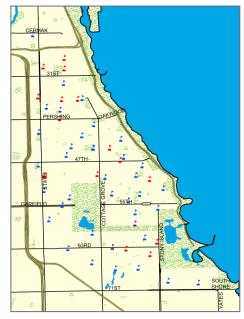


Figure 19: Map of schools in GBCAC footprint



Photo: GBCAC Student recognition ceremony

Part IV: Workforce Development Plan: **Greater Bronzeville Neighborhood Network**

The Greater Bronzeville Neighborhood Network (GBNN) represents a group of local partner organizations that work cooperatively toward the primary goal of reducing poverty and violence by enhancing employment and career opportunities. GBNN aims to provide household sustaining jobs to 5,000 Greater Bronzeville residents, ages 16-55, by 2027.

GBNN will:

- Recruit and connect with unemployed and underemployed youth and adults striving to enhance their family income, employment, and career opportunities.
- Research and implement a sector analysis strategy to identify employer job openings and types of available work to help community members identify the best opportunities for employment and maximize their earning potential.
- Help GBNN employment service provider partners increase their capacities and improve their abilities to successfully engage and deliver job training to community members through services focusing on interviewing, resume writing, dressing for success, professional communication, customer service, career counseling, and tips for getting and keeping a job.



Photo: Greater Bronzeville Neighborhood Network Partners at a local hiring fair

- Create an **employment pipeline** to develop and maintain lasting relationships with employers who will commit to at least interviewing, if not hiring, qualified GBNN applicants. These employers will participate in GBNN hiring fairs to provide community members with convenient access to employment opportunities.
- Mobilize GBNN resources, members, and stakeholders to provide comprehensive wrap-around services created to support community members at every phase of process of seeking and obtaining gainful employment. These services include childcare, tutoring, trauma care, mentoring, digital literacy, and homelessness aid.
- Develop and implement a strategy to evaluate the impact of GBNN's workforce development programs, in order to assure community members and employers that GBNN is using the most effective and practical approaches to providing opportunities for employment and financial independence to the Greater Bronzeville Community.
- In the future, GBNN will consider how it can address re-entry program goals and employment opportunities for formerly incarcerated individuals.



In addition to workforce development opportunities through the GBNN, Bronzeville is an Operation Hope, HOPE Inside community. Through free financial dignity programming and coaching, Operation Hope aims to equip residents with financial knowledge and tools to create a secure future. For more information contact: Vivian Harper: vivian.harper@operationhope.org

GBNN is focused on the following strategies related to workforce development:

- 1) Increase number of residents prepared for employment in the Greater Bronzeville Community
- 2) Increase the number of Greater Bronzeville Residents Employed
- 3) Increase employability of the re-entry population in the Greater Bronzeville Community
- 4) Increase financial literacy of Greater Bronzeville residents

Past GBNN events related to these strategies include:

Chicago Urban League's LinkedIn Navigation Workshop:

The GBNN supported a provided interactive instruction for residents on how to utilize LinkedIn's member network to help them access career opportunities and expand their professional networks.

Chicago Cook Workforce Partnership Hospitality Cares Hiring Event:

Employers from Chicagoland's retail outlets, restaurants, hotels, and tourism companies attended annual hospitality hiring event, 180 attendees from Greater Bronzeville zip codes attended.

Readiness Workshops on Resume Writing, Interview Skills and Workplace Etiquette:

The University of Chicago's Woodlawn Social Service Center and April 15th at the Center for Higher Development. The GBNN conducted Job Readiness Workshops on Resume Writing, Interview Skills and Workplace Etiquette.

4th Ward Job Fair at the Illinois Brotherhood of Electrical Workers (IBEW):

GBNN supported the GBNN registered 258 Bronzeville residents to engage with over 100 employers.

GBNN Harper Court Career Fair:

The GBNN hosted at Career Fair at the University of Chicago Harper Court Center. The fair had 267 attendees and 36 employers

Chicago Urban Annual City-Wide Job Fair:

GBNN was a presenting sponsor at the Chicago Urban League city-wide job fair hosted at the UIC forum.







Photos: Attendees lined up to participate in the Chicago Urban League's annual citywide job fair where GBNN was a presenting sponsor (far left). Career readiness workshop (left). Employers and career fair participants (bottom).



What's Next? How can you become involved?

As the Greater Bronzeville Community Action Plan details, there are four focus areas, all working toward a unified goal of reducing violence and increasing community engagement and strength. To become involved, please contact any of the people listed below:

1) Violence prevention through positive youth, family and community development

Launch programs to address our prioritized domains (e.g., community engagement, family support, etc.) and gaps (e.g., high-risk youth, etc.) (see pages 32-43 for more information on these programs)

Contact **Emalee Pearson** at the Chicago Center for Youth Violence Prevention at the University of Chicago School of Social Service Administration (emaleep@uchicago.edu) for more information.

2) Trauma-Informed Care

TURN Center to provide post-trauma counseling and services (pages 44-45)
Contact **Rodney Carter** at the TURN Center within Bright Star Community Outreach (rodney@brightstarcommunityoutreach.com) for more information.

3) Education

Development of a strategic plan focused on making schools better in Bronzeville (pgs. 46-47)

Contact **Franklin Cosey-Gay** at the Greater Bronzeville Community Action Council (fgay@uchicago.edu) for more information.

4) Workforce Development

Development of a workforce development plan focusing on bringing sustaining jobs to 5,000 Greater Bronzeville residents, ages 16-55, by 2027 (pgs 48-49)

Contact **Kathy Cullick** at the Greater Bronzeville Neighborhood Network (kcullick@brightstarcommunityoutreach.com)

From the community engagement events held in Bronzeville, a few topics emerged that we could use technical support and resources in order to add to and strengthen this plan even more:

Housing and Transportation

"We talked about affordable housing, and we didn't see that in the plan ... and there were all these services but what about transportation resources to get to the resources?"

—Bronzeville Builders Brunch II attendee

Technology

• Creation of Smartphone Apps to Communicate and Market Resources and Events

"It's great that it's [The Bronzeville Youth Programming Resource Guide] there, and it's available, but it can be maybe overwhelming for people who are new and don't really know what they're looking for. So how can we make, like utilize technology and develop an app hopefully later on so that it's right in the palm of your hands."

— Bronzeville Builders Brunch II attendee

• Program Development on Prosocial Uses of Social Media

"We sort of relinquished the technology to them (the youth) so we've relinquished the future to them and if all they can do is go online and use YouTube to see rap videos than they're not using the technology to understand what's possible for them."

• Bronzeville Builders Brunch II attendee

Contact us if you would like to learn more or be involved in the <u>Action part</u> of the Community Action Plan:

Trauma Informed Care | Rodney Carter rodney@brightstarcommunityoutreach.com

Education | Franklin Cosey-Gay fgay@uchicago.edu

Workforce Development | Kathy Cullick kcullick@brightstarcommunityoutreach.com

Youth and Family Programming | Emalee Pearson emaleep@uchicago.edu

You can also follow us on social media for news and updates!



"Chicago Center for Youth Violence Prevention"

"Bright Star Community Outreach"



"Bronzeville Community Action Council"



BRIGHT STAR COMMUNITY OUTREACH

Strengthening hope and saving lives

Contact Information for Bright Star Community Outreach

P: (773) 373-5220 | F: (312) 982-2566 info@brightstarcommunityoureach.com

Bright Star Community Outreach

Over the course of our proud nine-year history, Bright Star Community Outreach has made significant contributions to the renewal of Chicago's most vulnerable communities as a 501C3 nonprofit organization. Driven by our hope for change in this city and the families that call it home, Bright Star's presence has been marked by effective programming, social development, and advocacy; particularly in the 3rd and 4th ward of Chicago's south side. Led by founder and CEO, Pastor Chris Harris, Sr., who grew up in the Bronzeville neighborhood where we are currently located, our strategy includes developing impactful community development initiatives aimed at facing our largest societal challenges: violence communities, in our poor economic opportunities, inadequate mental health services. homelessness, child safety, and drug abuse. These efforts designed to strengthen local families communities, as well as leverage our key partnerships with organizations and businesses that share our passion for seeing renewal in Chicago.

See more at:

https://www.brightstarcommunityoutreach.com/ https://voices.uchicago.edu/ccyvp/



